HEALTHeLINK

ehealth4ny

Better information means better care.
It's about saving lives and saving money!

eHealth is the use of a computer network, instead of paper, to store and manage your medical records.

Many people shop and even pay bills online. Your doctors and other health care providers can use the same type of technology to make **better decisions** through easier access to your records. Medical histories can be lengthy and detailed, but are extremely important. To provide you with the care you need, your doctor should have quick, easy access to them. Makes sense, right?

eHealth can help **reduce** harmful drug interactions or drug overdoses by alerting the doctor when a prescription may cause this.

Through this information you can **better manage** your own health. If there is an emergency your records can be accessed without wasting valuable time.

eHealth also **saves money** and lives by eliminating unnecessary or duplicate tests and potentially dangerous procedures.

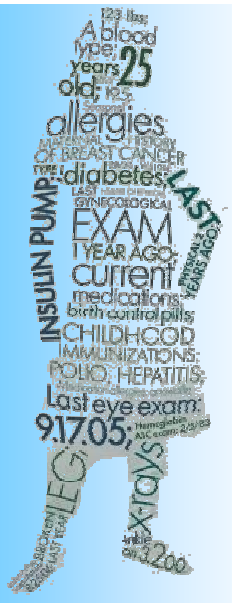
eHealth **saves you time** so you do not have to fill out the same forms every time you go to a new doctor.

Available right here, right now in WNY through

HEALTHeLINK

also known as the Western New York Clinical Information Exchange which facilitates the use of secure computer networks instead of paper files to store and manage your medical records.

http://www.wnyhealthelink.com/



"I am frustrated with having to provide my medical history to different specialists especially because I don't always recall details of my medical history and dates. An EHR would alleviate this frustration. The idea of improving my access to and control of my own medical information provides me with an increased sense of empowerment as a consumer of health care." - John H.

"Clients from rural areas often go to multiple providers located in different counties. Quick access to an electronic record will be very helpful, and benefit these clients." - Patty T.

"Imagine you are lying unconscious in the emergency room and the attending physician has no knowledge of your health history. In an instant, your electronic health record becomes your voice " - Dan P., Executive Director, HEALTHeLINK

Here's how HEALTHeLINK can help you:

When your records are easily available all in one place, your doctors can get a more complete picture of your health, which helps them to make good decisions about your care.

Backups of your records are made so they will still be available in the event of an emergency or natural disaster.

You can better manage health records for yourself and your family.

Privacy: You have the right to say "YES" or "NO" to participation in HEALTHeLINK

Doctors and others involved in your care may see and share your health information through HEALTHeLINK only if you say they can by giving your consent.

Federal and state laws strictly protect the privacy and confidentiality of your health information. New York State is requiring eHealth networks and everyone who uses them to follow the same rules to protect the privacy and security of records shared through this system.

Only health care providers who are involved in your care are allowed to access your health records through HEALTHeLINK and only if you sign a consent form. Others, such as employers and immigration agencies, won't have access to your information, unless permitted under current law.

You can request a list of everyone who has accessed your records using eHealth. New York State is working to make it possible for everyone to get access to their medical records through eHealth networks.

What's more, participation is absolutely free, no strings attached.

Recipe for a Lifetime of Better Health

Ingredients:

- See Physician Regularly
- Take Medication Properly
- Exercise, eat healthy, and get plenty of rest
- HEALTHeLINK

Directions: Learn more about eHealth and HEALTHeLINK at **www.ehealthy4ny.org** and **www.wnyhealthelink.com**. Talk to your health care provider about HEALTHeLINK. Sign a consent form. Share information about HEALTHeLINK with friends and family.

Yields: 1 Serving of a Lifetime of Better Health